

## Featured Member

*AATA Art Shared Interest Group (SIG)*

*March 9, 2017*



*Julie Ludwick with four of her found object sculptures.*

Julie Ludwick, ATR-BC, LCPC is an active AATA member and serves as chair of the Art Shared Interest Group (SIG). She has 10 years of experience facilitating art therapy with children, adolescents, and adults living with a variety of physical, cognitive, emotional, and behavioral special needs. Some examples include autism, cerebral palsy, spina bifida, Down's syndrome, ADHD, generalized anxiety, and depression. She passionately believes in the ability of art processes to aide in

expression, communication, problem solving, confidence and insight building, relaxation, and relationship skills.

Julie uses art making to reflect on her life and work. Even as a child, her interest in art was evident and she enjoyed painting, drawing, and craft making. Since then Julie has learned many art media and techniques throughout her life, and most recently is gaining knowledge of line and fiber as a student in "Twist", a semester long fiber class at The School of the Art Institute of Chicago. Continuing to grow her art skill "tool box" is very important to her as she continues to best serve those she works with in art therapy. Her personal art making deepens her self-awareness and understanding of her world and relationships.

Julie earned her BHA (Bachelor of Humanities and Arts) from Carnegie Mellon University in 2005 and her MAAT from the School of the Art Institute of Chicago in 2007. She is an active member of the (Illinois Art Therapy Association) IATA and served on the board for four years. She has presented on her art therapy work at local and national art therapy conferences and has extensive experience curating exhibitions for her clients. She also received the Community Support Award from the Special Education district of Lake County, Illinois in 2016.

