

## Featured Member

AATA

May 11, 2017



Maria Romani de Goes, MPS, LCAT, ATR works in a private practice in Brooklyn, NY primarily with multicultural families and foreign-born individuals. Over the past ten years, she has worked with multicultural families in different stages of development and in a variety of settings, including family services and mental health facilities. Maria is a faculty member in the graduate Creative Arts Therapy program at Pratt Institute in NY and is an alumna of the same program. Maria values her AATA membership and, in particular, uses the Journal and professional resources available on the AATA website in her teaching and practice.

When asked why art therapy is effective, Maria describes how the art process offers a safe distance for individuals to examine challenging internal and external realities. She explains, “The art product provides an additional benefit of being a record of processes which can be reflected upon in different occasions of one’s life, bringing a complexity of non-linear themes at the same time.”



*“Bridges” by Maria Romani de Goes. Color slide.*

The areas within art therapy that Maria has the most interest in are multiculturalism and diversity, specifically migration and acculturation processes and the integration of body and mind practices. Her aspirations for the future of the profession are that art therapy will be better valued and more accessible around the world.

