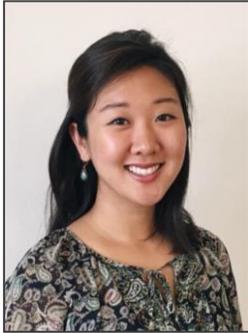


Featured Member

*AATA National Office
October 5, 2017*



Eunice Yu received her MS in Art Therapy/Counseling with a specialization in photography in August, 2017, and embarked shortly thereafter to teach English and volunteer in South Korea through a year-long Fulbright grant. Her passions in photography, teaching, and art therapy all relate to her long-term career goal: to “work as an art therapist and counselor with Asian and Asian-immigrant populations.” She especially values her AATA membership for the Journal access, which was, “a reliable resource throughout my graduate studies.” Now, Yu recognizes that “living in a different country right after graduate school has presented its challenges in regards to navigating my identity as an art therapist” and finds that the “*Art Therapy Today* emails have been an excellent means of feeling connected to the AATA community at this time of adjustment.”

Ms. Yu began her career as a Photography & Mixed Media Instructor and Residential Life Dorm Parent at Rockland Country Day School, NY (2013-2016) and started her art therapy studies at College of New Rochelle in 2014. She valued the range of experience she obtained in her art therapy internships; she worked with adults with mental illnesses in an outpatient program as well as in a personalized recovery-oriented service program, and with children and adolescents in an inpatient psychiatric program.



“Childhood and Adulthood” by Eunice Yu. Digital print. 2017.

Artist statement: “What does being older mean? Where can I feel secure and how, back then and today? Where do I feel safe?”

Ms. Yu shares her thoughts on how art therapy is effective, “Art can be an avenue and foundation in which a healthy client-therapist relationship is built upon. During my last internship, I had the privilege of working with a team of psychiatrists, psychologist, social workers, nurses, and teachers. I saw how teamwork and effort can lead to successful treatment plans that help children with their mental health and cope in life.” Influenced by her identity as a Korean-American art therapist, Yu is especially interested in multiculturalism within the field and asserts that “art therapy can be effective with clients that come from a culture where people with mental illness, physical handicaps, and intellectual disabilities suffer silently because speaking about one’s struggles is not encouraged or acceptable.”

