AATA Featured Member for Feb. 3, 2016

Roderick Castle, LCAT, ATR-BC

Roderick Castle, LCAT, ATR-BC, notes that he always looks forward to a copy of the Journal, Art Therapy. Elaborating, he states “It inspires me to know what my colleagues are out there doing and helps guide my own work. I get inspired to finally write that ‘journal article’ that I’ve been taking notes on and composing in my head for years.” Visual art and writing, and the combination thereof, played important roles in Roderick’s life even as a child, but it wasn’t until he began working with children with psychiatric disorders that he affirmed his idea that the therapeutic use of art had the potential to change lives: “I established an art table with basic supplies and saw firsthand the ability of art to mediate symptoms and create opportunity for safe and positive interactions.” Roderick is a graduate of Nazareth College’s Art Therapy program (class of ’10) and is a founding member of the Western New York Art Therapy Association, where he originally served as a student liaison and briefly acted as chapter delegate to the AATA. He currently works as an art therapist and case manager at the Veterans Outreach Center in Rochester, NY, an organization that provides free services, including individual and group counseling, to military veterans. As a Marine Corps veteran himself, Roderick is keenly aware of the importance of balance. “I try to model a balance between my creative, military, and civilian selves,” he explains, “I have much gratitude for the opportunity to use my life experiences in the support of others.”

"Untitled" by Roderick Castle